MALAYSIAN MEDICAL ASSOCIATION



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Objectives of the Malaysian Medical Association

- To promote and maintain the honour and interest of the profession of medicine in all its branches and in every one of its segments and help to sustain the professional standards of medical ethics.
- To serve as the vehicle of the integrated voice of the whole profession and all or each of its segments both in relation to its own special problems and in relation to educating and directing public opinion on the problems of public health as affecting the community at large.
- To participate in the conduct of medical education, as may be appropriate.
- To promote social, cultural and charitable activities in building a united Malaysian nation.

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This presentation was made as the annual activity report during the Country Report session at the 46th CMAAO Mid-term Council Meeting, Kuala Lumpur, Malaysia, on September 17, 2010.



We have two Sections in our Association, namely:

The Section Concerning House Officers, Medical Officers & Specialists (SCHOMOS)

- Its objective is to identify, address and seek the cooperation of the government to resolve issues relating to the welfare, pay, and allowances and working conditions of all grades of doctors in government service.
- SCHOMOS over the years has evolved into a powerful Section of the MMA which conducts periodic meetings with the Director General and other top Ministry of Health officers and has achieved many notable successes in its ventures.
- The issues discussed periodically includes: clinical allowance for medical officers, review of specialist allowance, overtime pay, promotion prospects for medical officers and specialists, etc.



The Private Practitioners Section (PPS)

- Private Practitioners Section of MMA was established to look after the needs of the private practitioners.
- PPS continues to be the negotiating arm of the Association in all matters relating to private practitioners, quality of pharmaceuticals, dispensing and labelling, disposal of clinical wastes, FOMEMA, SOCSO, MCOs, Private Healthcare Facilities and Services Act and Regulations, National Health Financing Scheme, Globalisation, to name a few.
- Currently, MMA is working with Primary Care Organisations to address increasing woes of the General Practitioners.

The 4 Societies under the umbrella of MMA are:

- Public Health Society
- Society of Sports Medicine
- Society of Occupational and Environmental Medicine, and
- MMA Society of Medical Students.

We also have 29 Committees and MMA is represented on 36 external bodies – government and non-governmental organisations (NGOs).

MMA Membership

- Currently there are over 30,000 registered medical practitioners in the country and only about 9,500 active MMA members.
- This 30% representation of all doctors in the country is still the largest and we are the oldest and most experienced and engaged.
- The MMA has been in the forefront in promoting and looking after the welfare of doctors including non-members who reap the benefits;
- The MMA believes that we can play an even greater and more meaningful
 role because we continue to have within our means, very interested members
 and experts who sacrifice huge personal time and effort to study, research
 and understand healthcare issues, which we believe we can share with the
 regulatory authorities.
- 4770 of members are in private practice (GP or specialist), 3250 work in the government and army, 378 are in universities (private and public) and 2028 student members.



Medical Journal of Malaysia (MJM) Published Quarterly

- Historically, the first medical journal publication in the country originated in 1890 as the Journal of the Straits Medical Association and it is stated that it could be found in the archives of medical libraries in many parts of the world.
- Soon after the founding of the Malayan Medical Association 1960, the Medical Journal of Malaya was recognised as an official publication of the Association.
- The Journal is listed in Index Medicus and continues to enjoy a premier position in the country as a multi-specialty journal with established international recognition, providing a publication medium for Malaysian doctors as well as for contributors from all over the world.
- Since January 2010 the all new articles have been accepted online and recently all published articles are available online.

Berita MMA Published Monthly

- The Berita MMA began as a Newsletter in 1960.
- Since 1969, the Berita MMA made its regular monthly appearance and developed into an important medium to keep members informed of activities of the Association and its various committees, developments in the healthcare services in the country and general news and feature article of professional interest.
- The Berita MMA was given many facelift over the years and we strive to make this magazine attractive and readable to our members.

Continuing Professional Development (CPD) Committee

- The continuing education of doctors is a vital component in the ultimate delivery of quality health care to our people and in recognition of this adage, the MMA launched the CME Committee and in 1994, MMA was appointed by the Malaysian Medical Council (MMC) to administer the MMC-CME Grading System and the accruing of annual credit points by doctors leading to the issuance of a certificate by the President of MMC.
- MMA dedicated itself with enthusiasm on this project and spared no expenses in making it a nation-wide success through purchasing of computer hardware for all state Branches and engaging secretariat staff
- This service is provided free for all MMA members.

50th MMA National Annual General Meeting

- The MMA National AGM was organised in May 2010 in the historic state of Melaka.
- The AGM was preceded with two Pre-AGM Scientific Sessions namely: "Occupational Health for Healthcare Professionals" and "Orthopaedics (Office Orthopaedics".



MMA 50th Anniversary Celebration

- The Dinner graced by our Prime Minister, YAB Dato' Sri Mohd Najib Tun Abdul Razak was the culmination and highlight of our 50th Anniversary Celebration which was held in July 2010. About 700 members were present.
- . The other activities planned are:
 - printing a coffee table book on the history of MMA,
 - · press coverage on MMA's achievements,
 - · interviews with Past Presidents who were from the 50's era,
 - · blood donation campaign,
 - · National Pap Smear Campaign,
 - Dinner with the Prime Minister,
 - 50th Year Stamp and First Day Cover,
 - · Health Run & Talk.
 - · Golf Competition,
 - · National Public Forum, etc.



INTERNATIONAL AFFAIRS

WMA Seminar on Climate Change and Healthcare

- This seminar was held on 1 September 2009 at the Danish Engineers Building, Kalvebod Brygge, Copenhagen, Denmark.
- Dr David K L Quek, President and Dato' Dr Sarjeet Singh Sidhu, Honorary Deputy Secretary, attended this seminar.

World Medical Association (WMA)

- The World Medical Association (WMA) General Assembly was held on 14-17 October 2009 at the Hotel The LaLiT, New Delhi, India.
- The MMA was represented by Dr David Quek, President, Dato' Dr N.K.S. Tharmaseelan, Honorary General Secretary, Dato' Dr Sarjeet Singh, Honorary Deputy Secretary and Dato' Dr Mohan Singh, PPS Chairman.

WMA Leadership Course 2010

- The WMA organized the INSEAD Leadership Development Programme from 8-13 February 2010, INSEAD, Singapore.
- Dato' Dr Khoo Kah Lin, Dato' Dr N.K.S. Tharmaseelan and Dr Hooi Lai Ngoh attended this course.
- The overall goal of this course was to make the participants more effective in their roles as leaders in their country's medical association, and as team members of the World Medical Association.
- More specifically, the program sought to enhance their competencies as decision makers, leaders and team members, shapers of health policy and spokespersons for the medical profession.

Confederation of Medical Associations in Asia and Oceania (CMAAO)

- The 26th Congress and the 45th Council Meeting of CMAAO was held on 5-7 November 2009 at the Intercontinental Bali Resort in Bali, Indonesia.
- The MMA was represented by Dr David K L Quek, President, Dato' Dr N.K.S. Tharmaseelan, Honorary General Secretary, Dr Hooi Lai Ngoh, Honorary General Treasurer and Datuk Dr Teoh Siang Chin, CMAAO Councilor.

The First Conference on Tobacco Control Among Asian and Oceania Countries

- The Medical Association of Thailand In collaboration with the Confederation of the Medical Associations in Asian and Oceania (CMAAO), The WHO (Thailand) and Thai Health Professional Alliance against Tobacco organized this conference from 25-27 February 2010 at the Rose Garden Hotel and Resort, Thailand.
- The emphasis of this conference was on all aspects of tobacco control, such as health hazards, public awareness, impact of second hand smokers especially in pregnant women, etc.
- Dr David K L Quek, President, attended this conference on behalf of the MMA.

CURRENT NATIONAL PROBLEMS

 MMA have had several dialogue sessions with the Minister of Health and some of the problems discussed were:







1 Malaysia Clinics To Include / Utilise GP Clinics

- The setting up of 1Malaysia clinics by the government in aid of the urban poor in the country is mushrooming;
- These clinics are manned by Medical Assistants and Nurses.



The MMA's Stand Conveyed to the Ministry of Health and the Government

- · Have doctors run these clinics;
- Highlight on the safety and quality of healthcare that will prevail in 1 Malaysia Clinics;
- Legal implications of having non-doctors manning 1Malaysia Clinic;
- Double standards by MOH, as GPs cannot employ non-doctors whereas MOH employed paramedical staff to run iMalaysia Clinic;
- The GPs were not given the opportunity to do locum in the public sector hospital as these locum opportunity was being given to government doctors;
- Rope in existing GP Clinics to help out in this exercise to reach out to the poor;

GP's Play a Critical Part in Our Malaysian Healthcare

- Our National Health and Morbidity Survey (2006), showed that 62% of all Malaysians utilize the widespread GP clinics in towns and cities for their common day to day ailments.
- Disproportionate clustering of urban GP clinics has led to intense competition.
- There is a decline in GP income, affecting some one quarter to one third of GP's, i.e. who work as locums or solo practitioners. Modern healthcare implies a greater and more universal adoption of ICT. Upgrading of amenities and implementation of a common portable form of Clinical or Medical Information System (including Electronic Health Records) is another objective, which should be encouraged and incentivized.
- The MMA urged the government to consider offering such incentives of matching grants and tax breaks to motivate more and more GP's and solo practitioners to upgrade their services and amenities. This also applies to credentialing issues, which is to enhance patient safety and improve standards and delivery of services

General Practitioners' Woes Mounting

- Private sector doctors and GPs are also concerned with many other competing issues such as feeder clinics, wellness health screening centres, pathology laboratories posing as clinics, Managed Care Organisations, third party payer or insurance discounting, capping and selection, harassments' from MOH officers implementing PHCFSA
- The GPs in the country seem to have been assaulted from all angles.



Too Many Medical Colleges, Medical Graduates, Quality & Training Issues

- Recently, we have had overflowing junior doctors crowding our public hospitals. Last year we had some 3,150 House Officers (HO's), and this year more than 3,600 HO's thus far.
- We expect some 4000 to 5000 new House Officers entering service year on year from 2011 onwards. We now have more than 28 operating medical schools with some 37 medical programmes producing close to 2,000 new medical graduates yearly, with more being forecast in the next few years

Glut of Medical Doctors Imminent, Moratorium on Medical Schools Now. What next after 2015?

- By 2020, we expect that we might have as many as 80,000 doctors, which would mean that we cannot sustain their training even for their houseman ship years or retaining them in the public sector.
- The private sector could also be very crowded and doctors could become unemployed, underemployed, and unemployable even.
- This would be a sad scenario because Malaysian parents and the government would have spent so much money sponsoring these students, at huge costs!
- We are urging the government to quickly establish a moratorium on medical schools and programmes and enforce more stringent quality assessment of these schools and beyond.