



## MYANMAR MEDICAL ASSOCIATION\*<sup>1</sup>

Saw WIN<sup>1</sup>

Myanmar Medical Association (MMA) was established in 1949. It is the leading professional organization of Myanmar doctors with life-long members of more than 11,000 and pro-members of nearly 2,000. All registered medical doctors can be members of MMA either working in the government sector or private sector. There are 38 specialty societies and special interest groups under the umbrella of MMA and over 90 branches in States/Divisions, Districts and townships in different parts of the country. The head quarter is located in Yangon. Myanmar Medical Association became member of MASEAN since 1997, CMAAO since 2009 and WMA since 2012.

### Goals

- to promote continue professional development of medical doctors to keep up with advances in medical sciences.
- to improve quality of health care of the nation.
- to maintain and promote high ethical standard of medical profession.
- to encourage and implement medical research activities.
- to build unity, friendship and co-operation among fellow medical professionals.
- to nurture newer generation of medical profession.
- to participate and complement ministry of health in public health activities.
- to correlate and co-operate with regional and international medical professional communities.

### Activities

#### CPD activities

As in every year MMA hold the 61st Medical Conference in January 2015 at Taunggyi, Shan State. It was attended by 800 medical profession-

als and we are planning to conduct 62nd Myanmar Medical Conference in coming January 15th to 20th, 2016 in Yangon. Many medical specialties under the umbrella of MMA had held their annual medical conferences during the last one year period.

MMA has conducted regular certificate courses of CME for general practitioners which included 4 different modules in two year period, among which “common clinical problems” and “Emergency medicine for GP” modules were done in this year. The same modules are available as on-line course called Distance Learning Medical Education Programme.

Various workshops, seminars, hands-on trainings, clinical meetings, were conducted during last one year by different medical specialty societies.

Myanmar Medical Journal (MMJ) (ISSN 0007-6295) is the official publication of MMA published since 1953. We are regularly publishing this journal every three monthly.

#### Social activities

Support Group for Elderly Doctors (SGED) was a very active and peculiar branch of MMA founded since 2006. SGED takes care of social, financial and health needs of elderly doctors of Myanmar. Day Care center for elderly doctors is serving as a place where elderly doctors can come and rest and meet old friends.

The “Lady Doctor Group” of MMA conduct various social activities including paying homage to the elderly doctors above 70 years every year since 1982.

#### Public health activities

MMA is conducting 10 public health projects in the areas of Malaria, TB, Reproductive Health, Primary Health Care in border and conflict areas

\*<sup>1</sup> This article is base on a presentation made as the Report of Activities by each NMA at the 30th CMAAO General Assembly and 51st Council Meeting, Yangon, Myanmar, on September 23-25, 2015.

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like Karen and Rakhine State, in collaboration with different partners namely Global Fund, UNFPA, USAID, 3 MDG, UNESCO and Maryland Hospital USA.

### Disaster relief activities

Myanmar suffered serious flood during the last two weeks of July and early weeks of September, up to now in some areas. MMA started its “Flood Relief Activities” since last week of July. MMA had collected donations of cash and medicines. MMA donated 300 lakh kyats (25,000 US\$) worth units of hygiene kit and rice bags to people throughout the country via Myanmar Red Cross Society. Though its local branches in disaster affected areas, Chin, Magway, Rakhine and Sagaing division MMA teams had visited affected areas, given medical treatment, conducted health education talks and preventive measures and donated food, clothing, medicines, water purification solution drums, blankets and electric lamps. MMA Central had done six mobile team visits to Ayarwaddy Division and

done similar activities. MMA is planning to send volunteer doctors to Chin and Rakhine States to support local teams in rehabilitation activities.

### Advocacy and advisory activities

MMA worked closely with Ministry of Health, Allied Professional Societies, Academic Bodies, NGOs and INGOs. MMA is giving advises to Ministry of Health in various national health issues. MMA advocates for medical profession concerning ethical issues, responsibility and opportunities, continuing education, accreditation and registration.

### Conclusion

MMA is trying to improve the health station of the whole nation by improving the educational and ethical standard of Myanmar medical doctors. MMA is also actively participation in international activities and trying constantly to strengthen international collaboration and co-operations with fellow professionals and societies and communities.

## Myanmar Medical Association

Country Report  
2014 - 2015

### MMA

- ▶ established in 1949
- ▶ life-long members of more than 11,000 and pro-members of nearly 2,000
- ▶ Both government & non-government sectors
- ▶ 38 specialty societies and special interest groups
- ▶ over 90 branches
- ▶ head quarter is located in Yangon

## International Memberships

- ▶ MASEAN since 1997
- ▶ CMAAO since 2009
- ▶ WMA since 2012.

## Goals

- a. promote CPD of medical doctors
- b. improve quality of health care of the nation
- c. maintain and promote high ethical standard
- d. encourage and implement research activities
- e. build unity, friendship and co-operation
- f. nurture newer generation of medical profession.
- g. Participate in public health activities
- h. correlate and co-operate with regional and international medical professional communities

## Activities

- ▶ Educational Activities
- ▶ Social Activities
- ▶ Public Health Activities
- ▶ Disaster Relief Activities
- ▶ Advocacy and Advisory Activities

## Educational Activities

- ▶ Annual Medical Conference
- ▶ Certificate courses of CME for GPs
- ▶ Distance Learning Medical Education Programme
- ▶ workshops, seminars, hands-on trainings, clinical meetings – different medical specialty societies.

61<sup>st</sup> Myanmar Medical Conference, Jan 2015, Taunggyi



62<sup>nd</sup> Myanmar Medical Conference



15<sup>th</sup> to 20<sup>th</sup>  
January  
2016

Yangon

## Family Medicine Courses



Certificate was awarded after completing 4 different module  
 Similar course can attend by distance learning

## Conferences by Societies



5<sup>th</sup> Conference of Hematology Society



GP Conference

## Educational Activities

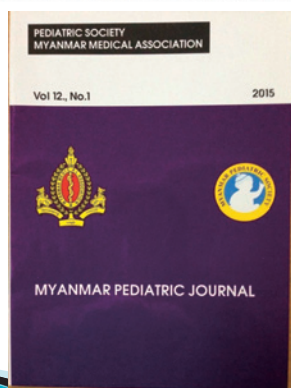
- ▶ Myanmar Medical Journal (MMJ)
- ▶ (ISSN 0007-6295) is the official publication of MMA
- ▶ published since 1953
- ▶ regularly publishing this journal every three monthly.

## Myanmar Medical Journal



- ▶ First issue on 1953
- ▶ Quarterly
- ▶ (ISSN 0007-6295)

## Publications from other societies – Eg



## Public Talks



On common public health problems

- Hypertension
- Diabetes
- TB
- Dengue
- Mers
- Rabies



### Social Activities

- ▶ Support Group for Elderly Doctors (SGED)
- ▶ a very active and peculiar branch of MMA
- ▶ founded since 2006
- ▶ takes care of social, financial and health needs of elderly doctors of Myanmar
- ▶ Day Care center for elderly doctors is serving as a place where elderly doctors can come and rest and meet old friends.

### Support group for elderly doctors



### Social Activities

- ▶ Lady Doctor Group
- ▶ paying homage to the elderly doctors above 70 years every year since 1982.



### Public Health Activities

- ▶ 10 public health projects
- ▶ Malaria, TB, Reproductive Health, Primary Health Care in border and conflict areas
- ▶ different partners namely Global Fund, UNFPA, USAID, 3 MDG, UNESCO and Maryland Hospital USA.

### 17.2.14. Tooth brushing, Hand Washing Campaign



### Home based care in remote area

### Disaster Relief Activities

- ▶ flood during the last two weeks of July and early weeks of September
- ▶ 300 lakh kyats (25,000 US\$) worth units of hygiene kit and rice bags
- ▶ given medical treatment, conducted health education talks and preventive measures and donated food, clothing, medicines, water purification solution drums, blankets and electric lamps
- ▶ Continuing the rehabilitation activities.

### Flood & Landslide in Myanmar







### Advocacy and Advisory Activities

- ▶ advises to Ministry of Health in various national health issues
  - PG training of GPs
  - Child Rights and ECI
  - Social security services
  - Medical Protection Society
  - Maternal and Child Health
- ▶ advocates for medical profession
  - ethical issues
  - responsibility and opportunities
  - continuing education, accreditation and registration.

### Appointment of Military Officials to MOH



**We do not agree mass movement of military doctor to MOH**

**We welcome decision of MOH- no further appointment of Mili Official to MOH**

**We encourage our doctor to serve for the country with their utmost ability**

### Conclusions

- ▶ improve the health station of the whole nation by improving the educational and ethical standard of Myanmar medical doctors.
- ▶ strengthen international collaboration and co-operations with fellow professionals and societies and communities.



