



NEPAL MEDICAL ASSOCIATION*¹

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Country Profile of Nepal Medical Association -NMA



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Nepal at a Glance



- Known as the **Land of Everest** and birth place of **Lord Buddha**,
- Also one of the world's best natural beauties, Archeologically very important temples, and best walking trails on the Earth.
- The country has 1,47,181sq. km area and the capital city is Kathmandu. is stretched east to west about 900 km and North to South in around 300 km.
- According census of 2011, the population of Nepal was 2,66,20,809 and calculated population now is 2.8 million.
- Nepal is a landlocked country with India in the southern, eastern, western sides and China in northern sides.



- The elevation of the country ranges from 60 meters above sea level to the highest point on earth, Mt. Everest at 8,848 meters, all within a distance of 150 kilometers resulting in climatic conditions from Sub-tropical to Arctic.



- Nepal is one of the richest countries in the world in terms of bio-diversity due to its unique geographical position and altitude variation.



- Nepal has long exerted a pull on the Western imagination and it's a difficult place to dislodge from your memory once you visit Nepal and return.

Federal Republic of Nepal

- Constitution Enacted by 20th sept 2015



*1 This article is base on a presentation made as the Report of Activities by each NMA at the 30th CMAAO General Assembly and 51st Council Meeting, Yangon, Myanmar, on September 23-25, 2015.

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. **Mount Everest** (also known in [Nepal](#) as *Sagarmatha* and in [Tibet](#) as *Qomolangma*).

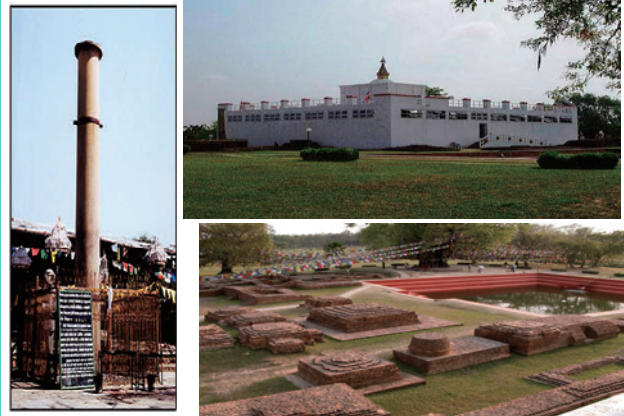
. is the [Earth's highest mountain](#).

. is located in the [Mahalangur](#) section of the [Himalayas](#).

. Peak is 8,848 metres (29,029 ft) above sea level and

. is the [5th furthest point from the center of the Earth](#).

Mount Everest



Lumbini- The birthplace of Buddha, Nepal.

Few Natural Scenery of Nepal



Nepal Medical Association- NMA



- is the oldest professional organization of Nepal.
- was established on 3rd March 1951.
- was started only by 20 doctors.
- There are 32 Speciality Societies affiliated with Nepal Medical Association Constitution such as
 - Society of Surgeons of Nepal
 - Society of Internal Medicine of Nepal and so on.

Objectives of the NMA

- . Committed for the unrestrained enjoyment and protection of democracy and human rights derived for the historical democratic movement 1951.
- Protect the justifiable rights, interest and respect of profession.
- Support and extent encourage various training related to medical field conducted by the association as required by the nation.
- Provide service to the nation by enhancing the competence of medical professional.
- Encourage members to maintain professional standard, ethics and independence.
- Maintain affiliation with national and international medical association as per necessity.



Implementation of Health Professional Protection ACT 2066 - 2009

- As in Other Third world countries, Nepalese doctors and the health institutions have been facing difficult and unpleasant situations.
- The moral of the doctors and their health service terms has been degraded because of the growing number of attacks by patient and their party, have been encountering.
- NMA had been trying to draw the attention of the concerned authorities about the trend of rising violence against the health-care providers and to the overall negative impact to the health service.
- Therefore, recently health professional protect Act 2066 is implemented by making regulation .



Eartquake-2015



- **Date-** 25 April 2015
- **Origin time-** 11:56:26 [NST](#)
- **Magnitude-** 7.8 M_w or 8.1 M_s
- **Depth-** 8.2 km (5.1 mi)
- **Epicenter-** [28.147°N 84.708°E](#)
Coordinates: [28.147°N 84.708°E](#)^[1]
- **Type - Thrust**
- **Areas affected –** [Nepal, India, China, Bangladesh](#)
- **Total damage-** ≈\$5 billion (about 25% ofGDP)

Max. intensity
IX (Violent)

Aftershocks
7.3 M_w on 12 May at 12:51
6.7 M_w on 26 April at 12:54
No. of aftershocks($\geq 4ML$)=479

Casualties
8,857 dead in Nepal (officially) and 9,018 in total21,952 injured (officially)

Post-Earthquake Psychosocial Support Program in Nepal




- Since 25th April 2015, Nepal has been facing huge consequences of earthquake .
- This unfortunate disaster has caused utmost loss to the people of the country especially to the central and western development region where it had its epicenter.
- NMA immediately responded the crisis and started activities and conducted medical camps in affected region simultaneously .
- Firstly rescue and relief distribution with first aid then General and specialist Medical camp and then Psychosocial support .



PSYCHOSOCIAL SUPPORT & COUNSELLING TRAINING FOR EARTHQUAKE VOLUNTEERS

- Nepal Medical association, in partnership with AMDA International, has been conducted 2-days ‘Psychosocial Support & Counselling Training’ programme for local volunteers.
- A follow up mechanism is going on for the training outcomes in the affected areas.
- Community based assessment may be more fruitful and give the direct evaluation of the training program and its effectiveness.



Other Activities of NMA

1. Journal of Nepal Medical Association is an official publication of NMA since 1963 and indexed in PubMed/MedLine since 2005. JNMA has met the international standard and uplifting academic medicine in Nepal.
2. .



Picture 1. NMA President address the health professionals gathering during the 5th Staging indefinite hunger strike by NMA life Member Prof. Dr. Govinda K.C. in 2015



Picture 2. The agitating NMA Life Member, Prof Dr Govinda KC, who had been staging indefinite hunger strike (6th time) since Aug 24, 2015 broke his 14 days hunger strike after an 11-point deal with the government of Nepal.

Proposed activities of NMA

1. Conduct the survey to find out existing situation of medical doctors all over the Nepal.
2. Conduct National Consultative Meeting on Undergraduate and Postgraduate's Seats: Rationale, Challenges and Future Prospective in Nepal.
3. To create NMA Mobile Application for all Doctors in Nepal.
4. Training for Medical Journal Editors, Author and Peer Reviewer.
5. Workshop for the proper implement of Health Professional Protection Act in the country.

Cont...

6. Conduct the seminar on the Health Insurance Act proposed by Government of Nepal.
7. Conduct a All Nepal Medical Conference (ANEMECON-27) in 2016. All are welcomed.
8. Conduct a Medical Conference entitled "The Importance of District Coverage and Primary Health Care Services".
9. Consultative meeting with concerned authorities for formation of Medical University in Nepal.

11. Under Construction of NMA new business complex.



- Constitution -2072, Food related and Consumer right as Basic /Fundamental right to all citizen.



Heartly Thank You for your kind Attention and Patience.



Long Live CMAAO-NMA and MMA Relationship